

G. W. Bradford All-School Reunion

Scheduled for June 16th & 17th

Theme: "Cruising Back To The Fifties"

LATE REGISTRATION/PACKET PICKUP

6:00-8:00pm JUNE 16TH -BRADFORD GYM

For additional information contact any committee member or Marie Simmons Ealy Dallas Chapter, Lawanda Waggoner Rasberry Houston or Helen Colston Boston Rusk Alumni/Reunion Committee or Mail Registration to: Bradford Reunion 2012

P. O. Box 942
Rusk, Texas 75785

Registration: \$40.00 per person

Name: _____ Class: _____

Address: _____

City: _____ St.: _____ Zip: _____

Amount Enclosed: _____ No. People: _____

Ph. No. _____ E-mail: _____

Adams from page 8

to more competent legal counsel, and broader ability to challenge lower court rulings than inmates who are facing imprisonment only.

The "death is different" argument was rejected by the Fifth U.S. Circuit Court of Appeals, citing several U.S. Supreme Court precedents.

Texas has executed more than four times as many people as any other state since the United States reinstated the death

penalty. The Death Penalty Information Center. Texas executed 13 people in 2011.

Cobb, who was 18 at the time of the holdup, was convicted and sentenced to die in a separate trial eight months before Adams, who was 19 at the time of the crime. Evidence tied the two to a string of robberies that happened around the same time.

Cobb does not yet have an execution date set.



Djuana Walker

Women: Manage Stress Better

We as women are stressed. We are stressed because we are mothers, wives, girlfriends, sisters, aunts, and cousins. We as women interact with different relatives, friends, and co-workers who all have different approaches to life. These constant interactions can be negative and cause stress.

Another stressful circumstance in our lives as women is that traditionally we are caregivers. This is an important concept in all women's lives because not only are we expected to be caregivers because we are female, we ourselves often develop guilt when we perceive that we are not providing caregiving adequately.

We as women should learn to love ourselves first and to care for ourselves well. When we do not care for ourselves well, we can not assist our families, friends, and others well. Prayer, eating vegetables and fruits, exercising, reading, making time for ourselves, and caring for pets are all positive ways to manage the stress in our lives as women.

Prayer. Janet Jackson, a famous singer and actress, states in her latest book, True You, that in the morning she reads scripture and prays. This is great advice for women who are stressed. Find time every morning to read your bible and pray. We as women are stressed. We are stressed because we are mothers, wives, girlfriends, sisters, aunts,

and cousins. We as women interact with different relatives, friends, and co-workers who all have different approaches to life. These constant interactions can be negative and cause stress.

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When you pray, pray for those who despitefully misuse you. When you pray for those who despitefully misuse you, you are really praying for yourself to change enough so to handle this stressful person successfully. Remember, you can not change people. God is a freewill God who allows us to choose and do as we please. People only change when they desire to change not through our efforts. Eat your veggies and fruits. Eat vegetables and fruits such as sweet potatoes, white potatoes, beans, peas, greens, and bananas daily. These foods have the vitamin

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